

*Message Handout*

“For you were called to freedom, brothers. Only do not use your freedom as an opportunity for the flesh, but through love serve one another” (Galatians 5:13)

**3 PRINCIPLES OF LIVING “FREE.”****1. “Watch your ENEMY”**

1. “For the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh, for these are opposed to each other, to keep you from doing the things you want to do.” (Galatians 5:17).
2. STARVE the enemy.
3. FEED your faith.

**2. “Watch your ACTIONS”**

1. In sexuality
2. In idolatry
3. In relationships
4. In addictions

**3. “Watch your ATTITUDES”**

1. Attitude to **CIRCUMSTANCES**
  1. Love (not hatred)
  2. Joy (not depression)
  3. Peace (not fear)
2. Attitude to **OTHERS**
  1. Patience (not shortness)
  2. Kindness (not rudeness)
  3. Goodness (not selfishness)
3. Attitude to **YOURSELF**
  1. Faithfulness (not flakiness)
  2. Gentleness (not roughness)
  3. Self-Control (not out-of-control)

“Brothers, if anyone is caught in any transgression, you who are spiritual should restore him in a spirit of gentleness. Keep watch on yourself, lest you too be tempted” (Galatians 6:1).