

# In the Mix

*Message Handout*

## 5 Practical Tips for Blended Families.

### 1. Seek Counsel.

**Ruth 1:16-18 (NLT)** 'But Ruth replied, "Don't ask me to leave you and turn back. Wherever you go, I will go; wherever you live, I will live. Your people will be my people, and your God will be my God. Wherever you die, I will die, and there I will be buried. May the Lord punish me severely if I allow anything but death to separate us!" When Naomi saw that Ruth was determined to go with her, she said nothing more.

### 2. Receive Healing

**Ruth 1:19-22 (NLT)** 'So the two of them continued on their journey. When they came to Bethlehem, the entire town was excited by their arrival. "Is it really Naomi?" the women asked. "Don't call me Naomi," she responded. "Instead, call me Mara, for the Almighty has made life very bitter for me. I went away full, but the Lord has brought me home empty. Why call me Naomi when he has caused me to suffer and the Almighty has sent such tragedy upon me?" So Naomi returned from Moab, accompanied by her daughter-in-law Ruth, the young Moabite woman. They arrived in Bethlehem in late spring, at the beginning of the barley harvest.'

### 3. Have Necessary Conversations

**Ruth 2:14-17 (NLT)** 'At mealtime Boaz called to her, "Come over here, and help yourself to some food. You can dip your bread in the sour wine." So she sat with his harvesters, and Boaz gave her some roasted grain to eat. She ate all she wanted and still had some left over. When Ruth went back to work again, Boaz ordered his young men, "Let her gather grain right among the sheaves without stopping her. So Ruth gathered barley there all day, and when she beat out the grain that evening, it filled an entire basket. And pull out some heads of barley from the bundles and drop them on purpose for her. Let her pick them up, and don't give her a hard time!"'

### 4. Commit to the Process

**Ruth 3:8-13 (NLT)** 'Around midnight Boaz suddenly woke up and turned over. He was surprised to find a woman lying at his feet! "Who are you?" he asked. "I am your servant Ruth," she replied. "Spread the corner of your covering over me, for you are my family redeemer." "'The Lord bless you, my daughter!"

Boaz exclaimed. "You are showing even more family loyalty now than you did before, for you have not gone after a younger man, whether rich or poor. Now don't worry about a thing, my daughter. I will do what is necessary, for everyone in town knows you are a virtuous woman. But while it's true that I am one of your family redeemers, there is another man who is more closely related to you than I am. Stay here tonight, and in the morning I will talk to him. If he is willing to redeem you, very well. Let him marry you. But if he is not willing, then as surely as the lives, I will redeem you myself! Now lie down here until morning." '

## 5. Restoration and Redemption is God's Plan

**Ruth 4:13-15 (NLT)** 'So Boaz took Ruth into his home, and she became his wife. When he slept with her, the Lord enabled her to become pregnant, and she gave birth to a son. Then the women of the town said to Naomi, "Praise the, who has now provided a redeemer for your family! May this child be famous in Israel. May he restore your youth and care for you in your old age. For he is the son of your daughter-in-law who loves you and has been better to you.