

# How To Move a Mountain (Week 3)

*Small Group Lesson*

## Big Idea

We believe that our confession can impact our lives and the situations we face, for good or bad. And when our words align with God's Word, our faith in God is strengthened. God has made promises to us and expects us to be unwavering in His promises for our lives. To see God move the spiritual mountains in our lives, we must exercise our faith through our words. The more your ears hear it, the more your faith grows. You become "persuaded, convinced" of the promise of God (see Romans 4:21).

## Key Scriptures

"Let us HOLD FAST the confession of our hope WITHOUT WAVERING, for He who promised is faithful." (**Hebrews 10:23**)

"For truly, I say to you, if YOU HAVE FAITH like a grain of mustard seed, YOU WILL SAY to this mountain, 'Move from here to there,' and it will move, and nothing will be impossible for you." (**Matthew 17:19-20**)

## Main Points

### Three Principles of Mountain-Moving Words

#### 1. Hear the Word.

1. "So faith comes from hearing and hearing through the word of Christ." (Romans 10:17)
2. Until you hear that word, there is no faith.

#### 2. Speak the Word.

1. Jesus spoke to trees, and they died, storms and they stopped, dead people, and they lived.
2. Your words are your declaration. You either agree with God or the enemy.
  1. Joshua spoke to the sun and then did the impossible (Joshua 10:12)
  2. The twelve spies all saw the same Promised Land. Ten spoke out their fear and unbelief, but two spoke out their faith (Numbers 13:30–33)

#### 3. Hold Fast to the Word.

1. What if you believe in your heart and declare with your mouth, and nothing seems to change? You continue to "hold fast to the profession of your faith" (Hebrews 10:23)
2. The tongue is the hardest thing to control; never come out of agreement with God's Word in your words.

3. The more your ears hear it, the more your faith grows. You become “persuaded, convinced” of the promise of God.

## Discussion Questions

1. What mountains are in your life that you are praying for faith to move?
2. Which point could you grow the most?
3. What word are you holding fast to in this season of life?

## Challenge

- Get a Word.
- Speak the Word.
- Hold to the Word.