

# Living in the Tension

## Message Notes

**Luke 2:36–38 (NLT)** — 36 Anna, a prophet, was also there in the Temple. She was the daughter of Phanuel from the tribe of Asher, and she was very old. Her husband died when they had been married only seven years. 37 Then she lived as a widow to the age of eighty-four. She never left the Temple but stayed there day and night, worshiping God with fasting and prayer. 38 She came along just as Simeon was talking with Mary and Joseph, and she began praising God. She talked about the child to everyone who had been waiting expectantly for God to rescue Jerusalem.

**Proverbs 13:12 (NIV)** — 12 Hope deferred makes the heart sick, but a longing fulfilled is a tree of life.

## Advent

- New Series
- Advent means - Arrival of a notable person, thing, or event
- Advent has been celebrated since 4 century, and has developed into many forms
- Started lighting candles in the middle ages
- Why I like it - It builds tension towards and keeps the focus on Jesus
- The first candle is referred to as the candle of the PROPHETS and it represents HOPE for the Messiah

## Hope

- What is hope - Hope is the feeling of anticipation produced when there is an optimism about the future
- Let's talk about anticipation and expectation
  - **When I was a kid, my mom would say, “when your dad gets home”..** He would say, “go wait in the study.” - This is the anticipation of something bad... it produces fear
  - **When your favorite team is losing,** and they make a decision that solidifies their mediocrity, you feel despair - This is the anticipation that things will stay the same... it produces despair and depression
  - **When your kids look under the tree and see the presents there, they feel HOPE...** this is the anticipation that something good is about to happen!
- **So I ask you the question: What is your expectation?**
  - Do you look at the future with dread and gloom? This will produce FEAR
  - Do you look at the future and it seems like it always remain the same? This will produce DESPAIR
  - Do you look at the future with wide-eyes and excitement? This will produce HOPE!!

## Biblical Hope

- The entire Old Testament is a tension of expectation about the Messiah
- Hope in the Hebrew comes from two main words
  - Ya-Khal - Means to wait like in a waiting room
  - Qa-Vah - Comes from the word "Cord" - The tension of a cord
    - When you pull back a rubber band
- Guitar
  - A guitar is a great visual of tension
  - A string without tension makes no noise - This is low expectation
  - A string that's not in the correct tension is out of tune - This is fear
  - A string that's in the right tension sounds beautiful - This is hope

### There are six reasons why Christians should be filled with Hope:

#### 1. We have the PROPHECIES

1. **2 Peter 1:19–21 (NLT)** — 19 Because of that experience, we have even greater confidence in the message proclaimed by the prophets. You must pay close attention to what they wrote, for their words are like a lamp shining in a dark place—until the Day dawns, and Christ the Morning Star shines in your hearts. 20 Above all, you must realize that no prophecy in Scripture ever came from the prophet's own understanding, 21 or from human initiative. No, those prophets were moved by the Holy Spirit, and they spoke from God.
2. One of the ways God chose to reveal Himself was to speak through people about the future and then see it come to pass.
3. Prophecies fulfilled
  1. 55 overtly obvious prophecies about Christ and over 300 that some scholars believe point to Jesus.
  2. Like a DNA description that he perfectly fulfilled
4. The same prophets and prophecies that predicted He would come, are the same ones that predict his second coming
  1. Advent means the arrival of a notable person.. He's coming again
5. Are you living in the right tension concerning the prophecies!?

#### 2. We have the PROMISES

1. **2 Peter 1:4 (NLT)** — 4 And because of his glory and excellence, **he has given us great and precious promises.** These are the promises that enable you to share his divine nature and escape the world's corruption caused by human desires.
2. Over 7000 promises
3. When you have a promise from a trustworthy source... It produces HOPE
4. One of my favorites - Ezekiel 36:25–27 (NLT) — 25 "Then I will sprinkle clean water on you, and you will be clean. Your filth will be washed away, and you will no longer worship idols. 26 And I will give you a new heart, and I will put a new spirit in you. I will take out your stony, stubborn heart and give you a tender, responsive heart. 27 And I will put my Spirit in you so that you will follow my decrees and be careful to obey my regulations.

### 3. We have the PRESENCE

1. **Ephesians 1:14 (NLT)** — 14 The Spirit is God's guarantee that he will give us the inheritance he promised and that he has purchased us to be his own people. He did this so we would praise and glorify him.
2. God's very presence within us gives us the HOPE of all that He has promised us.
3. Have you ever been through a trial and felt the presence of God? That is reason to be filled with hope!

### 4. We have the PAST

1. **2 Corinthians 1:10 (NLT)** — 10 And he did rescue us from mortal danger, and he will rescue us again. We have placed our confidence in him, and he will continue to rescue us.
2. Take into account God's faithfulness
3. We are so quick to forget!

### 5. We have the PEOPLE

1. **1 Corinthians 15:19–20 (NLT)** — 19 And if our hope in Christ is only for this life, we are more to be pitied than anyone in the world. 20 But in fact, Christ has been raised from the dead. He is the **first of a great harvest of all who have died.**
2. We can look at one another's lives and what the Lord has done for us and be filled with Hope
3. We can encourage each other in our hope... When you forget, I remember!

### 6. We have the PERSON

1. This is the main point of the message
2. Our hope is not based on circumstances... it is based on a PERSON!
3. Most natural hope is based on things lining up and looking right, our hope is not based on any circumstances, it is based on a living person... Jesus!
4. **1 Peter 1:3 (NIV)** — 3 Praise be to the God and Father of our Lord Jesus Christ! In his great mercy he has given us new birth into a living hope through the resurrection of Jesus Christ from the dead
5. It really doesn't matter what is happening in the world
  1. Covid variants
  2. Political unrest
  3. Climate change
  4. Shootings
  5. Immigration and refugee crisis'

### 6. OUR HOPE IS IN JESUS