

# A Life of Joy

*Message Handout*

**Philippians 4:4 (ESV)** — 4 Rejoice in the Lord always; again I will say, rejoice.

**Luke 1:46–55 (NLT)** — 46 Mary responded, “Oh, how my soul praises the Lord. 47 How my spirit rejoices in God my Savior! 48 For he took notice of his lowly servant girl, and from now on all generations will call me blessed. 49 For the Mighty One is holy, and he has done great things for me. 50 He shows mercy from generation to generation to all who fear him. 51 His mighty arm has done tremendous things! He has scattered the proud and haughty ones. 52 He has brought down princes from their thrones and exalted the humble. 53 He has filled the hungry with good things and sent the rich away with empty hands. 54 He has helped his servant Israel and remembered to be merciful. 55 For he made this promise to our ancestors, to Abraham and his children forever.”

## 7 reasons to rejoice:

1. **Rejoice because He SEES** - “He took notice of his lowly servant girl”
2. **Rejoice in the BLESSING** - “From now on all generations will call me blessed”
3. **Rejoice in SALVATION** - “He has done great things for me”
4. **Rejoice in His MERCY** - “He shows mercy from generation to generation”
5. **Rejoice in VICTORY** - “His mighty arm has done tremendous things”
6. **Rejoice in JUSTICE** - “He has scattered the proud and haughty ones”
7. **Rejoice in His PROMISE** - “He has remembered His promise to Israel”