



Bethany Global  
"90 Second Testimony"

# 90 SECOND TESTIMONY

**Main Point:** A good personal testimony contains 3 different elements: *Your life before Christ, how you came to know Christ and your life after you received Christ.*

- 1. Share Your Point of Struggle:** You may feel that your testimony is not all that exciting but that's not the point. Our testimony is not about how bad we were but how good Jesus is. Your life before Christ could be explained as simply as “I was in a dark place.” or “I struggled with \_\_\_\_\_”. It is amazing how the Holy Spirit will lead you to someone who can identify with where you were in your life before Christ.
- 2. Share the Place of Change:** Tell in a few sentences how you came to know Christ. It could be that someone loved you enough to invite you to church or even told you of their own experience in receiving Jesus. Remember the feelings that you experienced when you heard the good news. Keep Jesus the focus of your experience. He is the one who changed you no matter how you arrived at that place.
- 3. Share the Power of Your Purpose:** Wrap up your testimony by telling how your life has changed since coming to Christ. Explain how a relationship with Jesus has given you a life that is free, full and joyful? The listener needs to hear about the significance of a relationship with Jesus. Be careful to avoid “churchy” language that may not be understood by the listener.